

The Beeches Medical Practice

Patient Participation Group meeting

Monday 14th November, 6:00pm

at Bayston Hill

Minutes

Present: Rob Gough (chair), Gill Berry (Secretary), Dr Adam Brocklebank, Val Collard, Jean Cruickshank, Nikki Fox, Tony Fox, Geoff Garrett, Maggie Hitchings, Gill Jones, Karen Moseley, Terry Seston, Dolores Vaughan, Dr Mel Walsh, Pam White

1 Apologies: Geoff Garrett, Joy Jones, Kim Richards

2 Meeting agenda, AOB and meeting timing

a AOB: There was no other business notified.

b Meeting timing: 7:30 (it was noted that the A49 is due to be closed at 8pm).

3 Minutes of the last meeting – accepted with amendments:

Item 5a: KM had talked to Edward Marvin about the possibility of setting up a coffee morning at Dorrington.

Item 5a: GJ clarified that her main interest is in wider health issues, and not just the village hall at Dorrington.

4 Actions from the last meeting (most actions will be discussed as part of the agenda).

Item 8b ii (Men's health event): Regarding the difficulties in the appearance of the poster in The Villager, TS has investigated but was unable to discover what went wrong; however, his version of the poster in The Villager appeared normal. GB has thanked her son Dan for his work on the poster.

TS informed the group that Bridgnorth Lions have hosted a PSA testing event recently when 1,000 men attended. Mr Elves had not recommended a similar event in Bayston Hill and we know that this will not be possible in this locality if we wish the practice GPs to be involved.

5 HeartAge initiative (GJ)

a KM has been meeting with Edward Marvin of Dorrington village hall. David Fairclough, Community Enablement Officer for Shropshire Council, is looking at extending the use of the village hall; the committee has expressed an interest in finding out about HeartAge and having a regular testing event in the village hall, suggesting that this should be led by the PPG. GJ expressed her concern about how this might be managed; HeartAge is an online tool but the results need to be interpreted and managed in order not to create an influx of worried patients to the practice. DF's suggestion of weekly testing is not a viable option.

RG emphasised that the main concern of the PPG is not the use of Dorrington Village Hall. KM has asked EM for numbers of those attending the various groups, and will forward this information to RG. EM has had a meeting with KR and the GPs, and has been told that the extension of medical services at Dorrington is not feasible. KM has been involved in the village hall meetings; the next meeting is in December. RG summed up by saying that the PPG would be willing to help set up a health event in

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Dorrington if people were interested, and EM could be useful in encouraging people to attend such an event.

DF was to send KM a draft survey for patients at Dorrington surgery; however, the survey has now been shelved.

Action: KM to attend the next meeting at Dorrington village hall.

KM to forward info from EM to RG re numbers attending groups at the village hall.

RG to email EM to clarify the PPG's function.

- b Diabetes Prevention Programme ('Healthier You').** This is a simple online tool which is being developed by Diabetes UK in association with Leicester University and the East Midlands Clinical Network. The tool uses details of a person's height, weight and waist measurement to measure the risk of type 2 diabetes, and shows a risk score based on age, gender, ethnicity and genetics. It also shows ways of keeping the risk as low as possible. This tool could be useful in a future health event. Nationally there is a lot of work on prediabetes. A project in Oswestry saw an event held at the end of September, with a number of stakeholders invited from across the county to meet and discuss the issues. Practice nurses are putting together a gold standard protocol for identifying prediabetes and then presenting a structured education via the practices. The Oswestry practices are working with Public Health England with a view to gaining community support, e.g. exercise, diet, etc., and aim to produce standardised resources.

GJ has spoken to Dr Kevin Lewis, who is keen to roll out a similar programme across the county. Diabetes UK is advertising this campaign widely. KM suggested that it could be used at the Christ Church coffee morning. However, GJ commented that the age range for this is between 18 and 75; older people can take the test, but their risk will be shown as high simply because of their age. GJ confirmed that she would be keen to support this. MW suggested that local mother and toddler groups might be a good place to start. The new vicar at Christ Church is keen to start up the parent and toddler group, and 'Messy Church' is starting again in December. GJ said that younger people are being diagnosed increasingly with type 2 diabetes. MW added that about a quarter of adults will be diagnosed, and 17% of the health budget is spent on diabetes and its treatment. DV suggested using the flu clinics. MW suggested that we liaise with the practice nurses regarding this. RG suggested that we consider this idea again to see if it is feasible and talk to the practice about the logistics of incorporating this into the flu clinics next year.

GJ encouraged PPG members to find out their own diabetes risk score: <http://riskscore.diabetes.org.uk/start>.

JC suggested that the WI in Bayston Hill might be interested in this.

This issue to be continued at a later date.

Action: TS to find out whether people at the coffee morning would be interested in finding out about type 2 diabetes.

JC to raise the idea at the WI.

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This idea to be reconsidered in about nine months' time with respect to incorporating it into next year's flu clinics.

6 Practice issues and updates

- a CQC inspection:** In KR's absence KM passed on the inspection report. The outcome was good in each of the five categories. There were no recommendations and no outstanding issues. The report will be published on the practice website once it has been finalised. RG suggested that it should be publicised via the local press and The Villager (KM to pass details to TS). MW suggested that the GPs would discuss this at the practice meeting tomorrow.

Action: KM to pass details of the inspection to TS for placing in The Villager.

KM to email the final report to RG.

MW to pass on the PPG's congratulations to the practice staff.

b GP report (MW)

- i Dr Middleton** is settling in at the practice.
- ii The two registrars** are helping with the appointment times.
- iii The flu clinics** were very well attended. Pharmacists are now giving flu injections, and this is affecting the surgery's income from flu clinics. No more serum is available.

Action: This item should be raised at the PPG meeting in nine months' time to enable the PPG to be more involved/helpful with the clinics and to perhaps assist with the publicity aspect.

- iv Working at scale:** the model in Birmingham may not be appropriate for Shropshire as a rural county. There has been a meeting with GPs; the practice is keen to be involved and discussions are ongoing.

- v Support for vulnerable GP practices:** it was noted that because of the CCG's financial situation the way forward was unclear.

c Practice manager's update (KM in KR's absence)

- i Waiting times:** Dr Jutsum: 21 days; MW: 14 days (due to holiday), Dr Laycock: 11 days; Dr Brocklebank: 9 days; all other GPs: about a week.

d Community Care Coordinator Update (KM)

- i** Income gained from **donated books at Bayston Hill** is £24:34 in the last month; no figures are available for Dorrington. It was suggested that there should be a minimum donation of 50p and the notice be altered to show this. More children's books will be displayed in the children's area.

Action: the notice to be amended accordingly (KM)

- ii** There is a **'Walk and stroll'** event around the recreation ground at Dorrington – posters were given out to the group.

- iii Health awareness:** 'Coffee in the Living Room' at Christ Church is to trial an exercise class once a month. No date is proposed as yet, but it is hoped to do this before Christmas.

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iv Young Health Champions: one of the young girls is very keen to continue being involved at the practice and is putting together a survey for 10-18 year olds, to see how to make The Beeches a more youth-friendly practice. RG added that the PPG would be keen to help.

v The Care Coordinator's role may well be under threat due to possible funding cuts by the Shropshire CCG. A review was submitted about four weeks ago, and the results will be available in the next couple of weeks. It was felt that the loss of this role would be a significant loss, locally as well as across the country.

e Social Prescribing (GJ): this is similar role to the Care Coordinator's role and exercise on referral, where patients may benefit from interventions other than medication, e.g. exercise activities. Football clubs across the country have health specialists based with them. Oswestry is a pilot area for Social Prescribing. The scheme is in its infancy but has the potential to save the health service a lot of money.

There is a pilot scheme of social prescribing in Tower Hamlets, where 20% of a GP's time is spent in addressing social issues. This may be particularly a city issue and practices have a social prescribing team rather than a GP. MW confirmed that the issue has not been raised in The Beeches' meetings.

f Sustainability and Transformation Plans (STP): RG asked if the practice had a view on this initiative, whereby the NHS aims to ensure that health and care services are built around the needs of local populations; MW replied that the GPs are concerned and are trying to ensure that there is proper funding for practices.

7 Flu clinic surveys: see under item 6b iii.

8 Men's health awareness event – lessons learned: DV has prepared a checklist.

Action: DV to share the checklist with the meeting members.

9 Our priorities

a RG suggested that we may want to rethink our priorities in the new year.

b Virtual group: This should also be discussed in the new year.

10 Dates of next meetings:

12th December (Dorrington) – 5:30pm

The meeting ended at 7:35pm.

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Outstanding actions as at 5th September 2016		
Item	Actions	Progress
Men's health event	GB to thank her son Dan for his work on the poster. DV to develop a checklist to be used for setting up future events.	Complete DV
PPG promotional leaflet	RG to have 1000 of the leaflets printed by the CCG.	Ongoing
PPG email address	(Item 4b) RG to discuss monitoring email with HS/KR	Complete
HeartAge	GJ (KM?) to report further on Social Prescribing at the next meeting. KM to attend the next meeting of Dorrington village hall committee. KM to forward info from EM to RG re numbers attending groups at Dorrington village hall RG to email EM to clarify the PPG's function.	Complete KM KM RG
Practice issues	AB/another GP to look into the Support for Vulnerable GP Practices scheme and report to the PPG KR to provide statistics for waiting times to show the trend over the period of time that these stats have been kept. KM to update re events being held at Dorrington.	AB/other KR/ongoing KM/ongoing