

**The Beeches Medical Practice**  
**Patient Participation Group meeting**  
**Monday 4<sup>th</sup> July, 5:30pm**  
**at Dorrington**

**Minutes**

**Present:** Rob Gough (chair), Gill Berry (secretary), Nikki Fox, Geoff Garrett, Gill Jones, Dr Ed Jutsum, Teresa Lewis, Karen Moseley, Kim Richards, Terry Seston, Dolores Vaughan.

**1 Apologies:** Maggie Hitchings, Joy Jones, Pam White.

**Introductions:** Teresa Lewis (Chair of Planning for Bayston Hill Parish Council) was introduced to the group.

**2 Meeting agenda, AOB and meeting timing**

- a There was no other business.
- b It was agreed to finish the meeting by 7:30pm.

**3 Minutes of the meeting on 13<sup>th</sup> June 2016**

The minutes were accepted without amendment.

**4 Actions from last meeting**

- a **HeartAge event:** RG has followed this up with GJ (*see item 6*).
- b **Extension at The Beeches:** KR showed the group a sketch of the proposed extension. The practice is waiting to hear from the project manager.
- c **Men's health event:** (*see also item 7*). RG has contacted Consultant Urologist Mr Elves, who is available on 21<sup>st</sup> September. As Miranda Ashwell's role is changing any future contact with Help2Change should be via GJ (*see item 4c*).
- d **PPG leaflet printing:** ongoing.
- e **SPG newsletter:** this has been forwarded to PPG members.

**5 Practice Issues and update**

- a **Update from GPs (Dr Ed Jutsum)**
  - i There is a meeting next week of the **conglomeration of practices in Shropshire**. The GP partners are keen to be involved.
  - ii **Extended hours:** weekday appointments have been booked up and are well used. Dr Adam Brocklebank is involved in staffing the monthly Saturday clinics, which have been generally quiet to date. There is some overlap with the conglomeration scheme.
  - iii The **GP access fund** is now funding direct access for patients to physiotherapy treatment, i.e. without needing to be referred. There will also be shared training of GPs and nurses with regard to frail and elderly patients. There is an IT work stream piloting video/Skype consultations, and Urgent Care Practitioners are being introduced, where nurses will be trained to diagnose minor ailments. The situation regarding the recruitment of GPs is difficult at present, as more are retiring than are being trained.
  - iv EJ will be on **sabbatical** this summer.
  - v The partners at The Beeches have agreed to assist a practice in Powys with **locum cover**.

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- vi A **trainee doctor**, Mary, will begin working at the practice in August for six months.
- vii Dr Vicky Phillips is now on **maternity leave**.
- viii It has been suggested that the PPG consider organising a **women's event** similar to the men's event planned for September.
- ix The medical practice at Much Wenlock has been involved in an **osteoarthritis pilot scheme** in conjunction with Keele University, which offers people dietary advice and exercise relating to specific joints; this has seen a significant reduction in the number of people needing joint replacements. Other studies are being carried out by Keele University/The Beeches relating to sciatica and gout.

### b Update from Practice Manager (KR)

- i An **apprentice**, Niamh, has started work at the practice today.
- ii Sally Anne Craig is starting work next week as a **practice nurse**
- iii Alice, a young girl from the Royal National College for the Blind in Hereford, is on **placement** at the surgery for 26 weeks. She is partially-sighted and has a guide dog. It is hoped that she will help with admin tasks and possibly work in reception.
- iv **Dr Jenna Middleton** will be doing four sessions a week as from September.
- v There has been some difficulty in getting **locum cover for August**; the partners are covering holiday leave.
- vi **Waiting times** currently are six days to see a named GP; patients needing urgent appointments will always be seen on the day.
- vii Councillor Ted Clark saw KR today and suggested having a **defibrillator** placed outside the practice at Bayston Hill. It was noted that First Responders would need training in using this and a defibrillator would need maintaining. It was reported that the defibrillator in Ryton had been paid for by the Parish Council.
- viii **Bookshelves:** In the last three weeks £15 has been raised at Dorrington and £33 at Bayston Hill. The total raised is now over £250. Rob Laycock had been due to talk to the partners about the sort of equipment that would be useful to the surgery. It was also noted that the PPG will need to communicate with patients about how the money raised is being used.  
**Action: KR to give money raised to NF for paying into the PPG account.**
- ix **CQC inspection:** no date has yet been notified.

### c Update from Karen Moseley

- i **Young Health Champions:** Lynne Taylor (youth worker) has a meeting on 12 July with KM and the YHCs regarding the proposed survey.
- ii **More Friendly awards:** this will be discussed at the meeting on 12 July.
- iii **RG** suggested that if the YHCs have any other ideas, these could be fed back to the PPG. The YHCs are very keen to develop their ideas  
**Action: KM to report back on this at the next PPG meeting.**
- iv **Dorrington:** One of the actions from the meeting at Dorrington on 8 June was for Miranda Ashwell (Help2Change) to link with KM. However, Miranda's role is now changing, so the contact should now be through GJ.

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v **CoCo Training:** The training is now due to take place in September.

### 6 HeartAge initiative (GJ)

- a **SureStart health event 21<sup>st</sup> April:** GJ reported that the event had gone well. About a dozen parents and staff were tested using the HeartAge online health tool. General information was given regarding blood pressure, cholesterol, healthy eating, BMI calculation, etc. It was felt that people had been receptive to the event.
- b **Next steps:** TL commented that there had been a **Bayston Hill Local Joint Committee** event recently; a school summer fair is planned for next year and TL suggested that these could be events at which health issues could be presented. GJ said that the costs of staffing an event would need to be covered and added that health events tend to work best if people are specifically invited to an event. TS suggested returning to the SureStart group again; KM suggested contacting the PTA at the school, and RG suggested that a similar event might be possible at Dorrington Village Hall.

KM reported that there had been no progress on holding a **coffee morning at Dorrington**, but she will feed back to the Parish Council meeting that the PPG/HeartAge would be interested in holding an event there. GJ estimated that about six people per hour could have their blood pressure, etc., tested.

GJ stated that her main focus is helping to organise workplace health events but that others from Public Health could be involved (Help2Change, etc.). She suggested that the local school would be a good venue. RG commented that without the input of a GP it is difficult to plan an event. TL suggested that there should be communication between the various groups for linking ideas. The parish council has recently instituted awards for health, etc. It was thought that a **joint initiative** could work well. GG added that in Pitchford a Pub Night is organised once a month on a Friday, as there is no pub in the village; about 30-40 people attend. As it is an established gathering it may be possible to add in a health event; GG agreed to present this idea to the Village Council. (It was noted, however, that the Village Hall building is out of action at present as the drains need to be repaired).

**Action: TS to find out the contact details for Oakmeadow School PTA.**

**KM to speak to Edwin Marvin re coffee morning.**

**TL to contact EM to initiate contact with other parish councils.**

**GG to speak to the Pitchford Village Council.**

### 7 Men's health awareness event, 21<sup>st</sup> September

- a **Mr Elves** (Consultant Urologist) is keen to speak to the GPs.
- b **Publicity:** Posters and publicity to be placed on noticeboards on The Parade, the Common, in the library, pubs, schools, Condover Village Hall, the surgery website, the parish council website, Dorrington Parish magazine, Condover magazine (copy by 14<sup>th</sup> August), the Villager (copy by 10<sup>th</sup> August), etc.
- c TS suggested **inviting the other PPGs** in the county as this is the first health event in Shropshire organised by a PPG.
- d GJ suggested having a **Public Health/Help2Change stall** and also said that charities might wish to be involved, e.g. AgeUK; she will look into this. She reported that Shropshire Fire and Rescue Service has invited Mind and AgeUK to their events, which have been well attended.

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- e EJ suggested that **doors open at 6:30** for people to browse the stalls for leaflets, etc.
- f GJ offered to help with **preparation of the publicity**.
- g TS has booked the church hall at **Christ Church for the evening of Wednesday 21<sup>st</sup> September at 7pm**. It is anticipated that the event would last about 90 minutes, or until 9pm.
- h EJ reported that the partners have discussed **possible topics** to be presented in an age-related whistle-stop tour, e.g. suicide/mental health, motorbike accidents, high blood pressure, strokes, cancers, diabetes, dementia, aneurisms. He also suggested that the police and paramedics might like to be involved. TS felt that it may be better to focus on fewer issues at this stage.

*(Subsequent to the meeting the GPs discussed the above and have suggested the following approach be taken to the event:*

- **Introduction:** *Different Problems for Different Age Groups, including describing the National Screening Programmes available.*
- **Mr A Elves:** *to discuss Urology issues including Prostate Cancer*
- **Heart Issues:** *Gill Jones*
- **Services available at the Surgery:** *Counsellors, Help2Quit, Keeping Healthy, Physiotherapy, etc.)*

- i Light **refreshments** to be provided.
- j It was suggested that a similar **women's event** could be planned at a later date once we have learned the lessons of this first one.
- k It was suggested that the **next meeting** be brought forward to 1<sup>st</sup> August in view of the shortness of time for planning and logistics.

**Action: EJ/another GP to contact Mr Elves**

**RG to invite other PPGs**

**GJ to investigate inviting other charities**

**KM to obtain more Prostate Cancer charity leaflets**

**KR to report to the partners about the plans for the event**

**GB to ask her son to design a publicity poster**

### 7 Our priorities

- a **Men's health:** *see item 7.*
- b **Waiting times:** *see item 5b vi.*

### 8 Outstanding actions

Covered during the course of the meeting.

### 9 Feedback from Shropshire Patient Group

See newsletter via RG.

### 10 AOB: None.

### 11 Dates of next meetings:

**1<sup>st</sup> August** (Bayston Hill) – 6:00pm (**NB: this date has been brought forward**)

**5<sup>th</sup> September** (Bayston Hill) – 6:00pm (*KR agreed to take minutes, as GB will be unable to attend this meeting*)

The meeting ended at 19:15pm.

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Outstanding actions as at 4 <sup>th</sup> July 2016		
Item	Actions	Progress
<b>Health event</b>	RG to follow up GJ on the <b>health event</b> at SureStart held on 21 <sup>st</sup> April.	Complete
<b>Men's health event</b>	To be arranged for September at The Beeches. RG to contact Mr Elves. GP partners to discuss and suggest possible dates; RL to report back to the PPG at the next meeting. EJ/another GP to contact Mr Elves RG to invite other PPGs GJ to investigate inviting other charities KM to obtain more Prostate Cancer charity leaflets KR to report to the partners about the plans for the event GB to ask her son to design a publicity poster	Complete Complete Complete EJ/GPs RG GJ KM KR GB
<b>HeartAge – next steps</b>	TS to find contact details for Oakmeadow School PTA. KM to speak to Edwin Marvin re coffee morning. TL to contact EM to initiate contact with other parish councils. GG to speak to the Pitchford Village Council.	TS KM TL GG
<b>Young Health Champions</b>	KM to update the PPG on progress re survey on young people's health	Ongoing
<b>Care Coordinator: update from Karen M</b>	KM to refresh the <b>noticeboards</b> , highlighting young people's health issues and giving more prominence to the PPG. TS & KM to keep the group updated re aftercare of elderly and vulnerable patients.	Complete  KM/TS/ Ongoing
<b>Practice issues</b>	<b>Coffee morning</b> at Dorrington	Complete
	<b>Promoting the practice:</b> PPG literature to be included in practice promotional packs.	Complete
	<b>Bookshelves:</b> KR to give money raised to NF for paying into the PPG account.	KR/NF
<b>PPG promotional leaflet</b>	RG to prepare a promotional leaflet for the next PPG meeting RG to have 1000 of the leaflets printed by the CCG.	Complete Ongoing
<b>Shropshire Patient Group</b>	RG will continue to send out the <b>SPG newsletter</b> to PPG members once a month.	Ongoing